

RECREATIONAL SERVICES

AGENCY/CONTACT INFORMATION	DESCRIPTION OF SERVICES	POPULATION SERVED	WEBSITE
City of Los Angeles Department of Parks & Recreation	Find a community park, lake, camp site, skate park, play area, splash pads, book a picnic, register for recreation classes (aquatics, dancing, gardening).	<ul style="list-style-type: none"> • Open to the public 	www.laparks.org
Glendale Adventist Live Well Senior Program 1509 Wilson Terrace, Glendale, CA 91206 Call Center: (818) 409-8354	Free wellness program enhances the quality of life. Includes wellness fitness classes that support a health mind, body and spirit, senior support, and educational groups.	<ul style="list-style-type: none"> • Seniors (60+) • Free 	www.adventisthealth.org/glendale/services/live-well-senior-program/
Los Angeles County Department of Parks & Recreation	Find a community parks, trails, splash pads, register for recreation classes, aquatics, youth/adult sports.	<ul style="list-style-type: none"> • Open to the public 	https://parks.lacounty.gov/
Los Angeles County Department of Parks & Recreation	Free online resources and videos to maintain a healthy life.	<ul style="list-style-type: none"> • Open to the public 	www.laparks.org/virtualrecreation

AGENCY/CONTACT INFORMATION	DESCRIPTION OF SERVICES	POPULATION SERVED	WEBSITE
<p>Hollywood Corps Community Center Afterschool Homework Help</p> <p>5941 Hollywood Blvd. Hollywood, CA 90028 (323) 337-1654</p>	<p>Offer sports and fitness classes.</p>	<ul style="list-style-type: none"> • Adults • Children 	<p>https://www.salvationarmyusa.org/usn/teach-kids/</p>
<p>City of Bell Gardens Skate Park</p> <p>7100 Garfield Avenue Bell Gardens, CA 90201</p>	<p>Skate park has ramps and rails for skateboards and roller blades.</p>	<ul style="list-style-type: none"> • Open to the public 	<p>www.bellgardens.org/government/city-departments/recreation-community-services/veterans-park/skate-park</p>
<p>Culver-Palms Family YMCA</p> <p>4500 Sepulveda Blvd Culver City, CA 90230 (310) 390-3604</p>	<p>Programs for children and adults, such as health and fitness, virtual workouts, personal trainer, swimming, day camp and youth sports. Membership required, but financial assistance is available.</p>	<ul style="list-style-type: none"> • Open to the public 	<p>www.ymcala.org/locations/culver-palms-family-ymca</p>
<p>Montebello-Commerce Family YMCA</p> <p>2000 W Beverly Blvd Montebello, CA 90640 323-887-9622</p>	<p>Programs for children and adults, such as health and fitness, virtual workouts, personal trainer, swimming, day camp, and youth sports. Membership required, but financial assistance available.</p>	<ul style="list-style-type: none"> • Open to the public 	<p>www.ymcala.org/locations/montebello-commerce-ymca</p>

AGENCY/CONTACT INFORMATION	DESCRIPTION OF SERVICES	POPULATION SERVED	WEBSITE
<p>North Valley Family YMCA</p> <p>11336 Corbin Ave. Northridge, CA 91326 (818) 368-3231</p>	<p>Programs for children and adults, such as health and fitness, virtual workouts, personal trainer, swimming, day camp and youth sports. Membership required, but financial assistance available.</p>	<ul style="list-style-type: none"> • Open to the public 	<p>www.ymcala.org/locations/north-valley-family-ymca</p>
<p>City of Burbank Recreation Classes</p> <p>Olive Recreation Center 1111 W. Olive Avenue, Burbank, CA 91502 (818) 238-5385</p>	<p>Sign up for quarterly classes at a local Burbank city Park. Classes range from fitness, dance, sports, art and music.</p>	<ul style="list-style-type: none"> • Adults • Children 	<p>www.burbankca.gov</p>
<p>Boys and Girls Club of Burbank & Greater East Valley</p> <p>300 E. Angeleno Ave. Burbank, CA 91502 (818) 842-9333</p>	<p>The Boys and Girls club offers athletic programs to help develop fitness and social and interpersonal skills. Sports include flag football, soccer, gymnastics, tennis, basketball, golf and more.</p>	<ul style="list-style-type: none"> • Open to the public • Membership required • Military families Free 	<p>www.bgcburbank.org</p>

AGENCY/CONTACT INFORMATION	DESCRIPTION OF SERVICES	POPULATION SERVED	WEBSITE
<p>YMCA- San Gabriel Valley</p> <p>943 N. Grand Ave. Covina, CA 91724 (626) 960-2995</p>	<p>Programs for children and adults, such as health and fitness, virtual workouts, personal trainer, swimming, day camp, and youth sports. Membership required, but financial assistance is available.</p>	<ul style="list-style-type: none"> • Open to the public 	<p>https://wsgvymca.org/</p>
<p>Dorris Dann Kids Campus</p> <p>4316 Peck Rd. El Monte, CA 91732 (626) 329-0860</p>	<p>After school learning program provides healthy and active learning environment.</p>	<ul style="list-style-type: none"> • Students & families of the El Monte School District 	<p>www.our-center.org</p>
<p>YMCA</p> <p>43001 10th St. West Lancaster, CA 93534 (661) 723-9622</p>	<p>Programs for children and adults, such as health and fitness, virtual workouts, personal trainer, swimming, day camp, and youth sports. Membership required, but financial assistance is available.</p>	<ul style="list-style-type: none"> • Open to the public 	<p>www.ymcala.org</p>