Mental Health Services

for People with HIV

What are Mental Health Services?

Mental Health Services is a program to help people with HIV (PWH) who are also experiencing mental health challenges that affect their everyday functioning and quality of life. These services are provided by a Mental Health provider who specializes in HIV.

What is the goal of the Mental Health Services program?

The Mental Health Services program seeks to help improve your mental and physical health status by addressing mental health stressors and challenges.

What services can I access through the Mental Health Services program?

- ✓ Individual Counseling
- ✓ Family Counseling
- ✓ Group Counseling
- ✓ Multi-Family Counseling
- ✓ Medical Management
- ✓ Crisis Intervention

Where can I access these services?

Agency	Phone Number
AIDS Healthcare Foundation	(818) 380-2626 x5733
AltaMed Health Services	(323) 869-5408
JWCH Institute, Inc.	(323) 714-7893
Northeast Valley Health Corporation	(818) 988-6335 x50752
Special Services for Groups	(213) 375-3830 x1842
St. John's Community Center	(323) 541-1411

How do I access these services?

You can access these services by contacting the providers listed above. It is important to note that you do not need to receive mental health services in the same clinic where you access your HIV medical care. If you are not already receiving services at one of the listed providers, they may need to confirm that you are eligible for the Ryan White HIV/AIDS Program (RWHAP). They may ask you to provide documentation confirming your HIV diagnosis, current income (if any), health insurance (if any), and that you live in Los Angeles County.

Los Angeles County Department of Public Health
Division of HIV and STD Programs
www.publichealth.lacounty.gov/dhsp
(213) 351-8000

Revised: September 2026

County of Los Angeles Public Health