

Pre-Pregnancy Health by Race/Ethnicity	2017- 2019														
	LA County			White			Latina			African American			Asian/Pacific Islander		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Access to Health Care Before Pregnancy															
Insured	87.4	(84.6-90.3)	2,471	94.0	(89.1-98.8)	370	83.6	(79.5-87.7)	1,384	92.0	(85.2-98.8)	365	95.7	(90.7-100)	253
On Medi-Cal	45.7	(41.2-50.2)	1,106	23.4	(14.5-32.3)	84	54.4	(48.5-60.2)	733	57.6	(44.6-70.5)	210	15.3	(3.7-26.9)	39
Preconception Health & Well-being															
No preconception health counseling ¹	57.9	(53.7-62.1)	1,638	42.8	(32.3-53.2)	167	65.9	(60.9-70.9)	1,103	54.5	(41.8-67.2)	216	34.3	(20.8-47.7)	89
Not taking a multivitamin	45.0	(40.8-49.2)	1,296	29.9	(20.6-39.1)	118	50.5	(45.2-55.8)	860	53.0	(40.5-65.6)	216	17.9*	(6.5-29.2)	47
Lack of folic acid knowledge	64.1	(60-68.2)	1,795	45.2	(34.5-55.9)	172	68.6	(63.6-73.6)	1,126	80.0	(70.4-89.6)	317	45.5	(30.9-60.1)	121
Had enough money for food	96.3	(94.7-97.9)	2,787	100.0	(100-100)	394	96.8	(95.1-98.5)	1,654	88.9	(80.9-96.9)	367	97.1	(93-100)	257
Did not smoke in the 6 months before pregnancy	91.9	(89.6-94.2)	2,620	92.6	(87.1-98.1)	345	93.7	(91.3-96.1)	1,592	79.6	(69.4-89.9)	321	97.1	(93.4-100)	254
Family Planning Practices															
Unwanted pregnancy/mistimed by mother ²	32.9	(28.9-36.9)	913	17.0	(9.3-24.6)	62	39.8	(34.5-45.1)	653	35.6	(23.6-47.6)	140	12.9*	(3.7-22.1)	34
Unwanted pregnancy by partner ³	20.8	(17.4-24.2)	583	15.4	(8.2-22.6)	59	25.4	(20.7-30.2)	417	14.7*	(6.1-23.2)	60	7.0*	(0.5-13.5)	18
Using birth control before getting pregnant ⁴	27.1	(23.3-30.8)	767	23.6	(15.1-32.2)	91	30.5	(25.4-35.5)	509	16.8*	(7.4-26.1)	67	27.0*	(13.4-40.7)	72
Preconception Health Conditions															
Overweight/Obese	59.3	(55.1-63.6)	1,606	46.2	(35.2-57.1)	178	65.8	(60.5-71.1)	1,036	67.6	(55.5-79.8)	262	26.1	(13.5-38.7)	64
Did not have asthma	91.1	(88.7-93.5)	2,636	94.2	(89.8-98.6)	371	94.3	(92.1-96.5)	1,611	77.0	(66.6-87.4)	318	90.8	(81.8-99.7)	241
Did not have high blood pressure	87.5	(84.6-90.5)	2,534	80.8	(71.4-90.2)	318	89.2	(85.7-92.6)	1,524	87.0	(78.2-95.7)	359	92.6	(84.6-100)	246
Did not have high blood sugar	93.0	(90.9-95.1)	2,692	98.7	(96.9-100)	389	94.0	(91.8-96.3)	1,607	81.9	(72.2-91.6)	338	97.3	(93.3-100)	258
Did not have anemia	96.0	(94.5-97.6)	2,780	97.3	(94.2-100)	383	95.0	(92.8-97.3)	1,624	97.4	(93.7-100)	402	98.0	(94-100)	260
Did not have periodontal disease	99.1	(98.2-100)	2,868	100.0	(100-100)	394	99.3	(98.6-100)	1,698	96.1	(90.8-100)	397	100.0	(100-100)	265
Did not report depression symptoms	95.1	(93.2-97)	2,752	90.2	(81.9-98.5)	355	96.1	(94.2-97.9)	1,642	93.9	(87.6-100)	388	98.7	(96.2-100)	262
Did not report anxiety symptoms	94.1	(92-96.1)	2,723	96.8	(93.6-100)	381	95.4	(93.1-97.8)	1,631	86.1	(77.7-94.4)	355	95.3	(89.4-100)	253
Obstetric History															
Did not have a preterm birth previously	83.7	(80.2-87.2)	2,037	93.7	(88.6-98.8)	301	82.6	(78.3-86.9)	1,218	77.6	(65.1-90)	253	82.0	(68-96)	176
Did not have a low birth weight baby previously	87.4	(84.3-90.5)	2,065	93.6	(88.3-98.8)	294	86.9	(83.1-90.6)	1,246	81.9	(70.1-93.6)	254	90.4	(79-100)	188
Did not experience a stillbirth (pregnancy that did not result in a live birth)	90.3	(87.5-93)	2,161	96.5	(91.9-100)	311	90.9	(87.7-94)	1,305	84.4	(73.9-94.9)	278	84.3	(71.6-97.1)	181
Did not have a miscarriage previously	72.0	(68-76)	1,831	79.2	(71-87.4)	263	73.3	(68.2-78.3)	1,120	60.3	(47-73.5)	210	64.3	(49.4-79.2)	152
Did not have an abortion previously	83.1	(79.6-86.6)	1,996	84.7	(76.7-92.7)	277	88.9	(85.4-92.4)	1,248	55.1	(41.7-68.4)	197	94.2	(88-100)	194
Did not experience infant death previously	95.4	(93.3-97.6)	2,276	100.0	(100-100)	319	95.2	(92.3-98.1)	1,360	91.3	(82.8-99.8)	283	94.3	(88-100)	214

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

¹Question asked: During the six months before you got pregnant with your new baby, did you talk to a doctor, nurse, or other health care worker about how to prepare for a healthy baby and pregnancy?

²Question asked: Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant? Respondents who answered, "I wanted to be pregnant later" or "I didn't want to be pregnant then or any time in the future" were coded as "Unwanted or mistimed."

³Question asked: Just before you got pregnant with your new baby, how did your husband or partner feel about you becoming pregnant? Respondents who answered, "He wanted me to be pregnant later" or "He didn't want me to be pregnant then or any time in the future" were coded as

"Unwanted pregnancy by partner." Respondents who answered, "I don't know" or "I didn't have a husband or partner" were coded missing for this field.

⁴Question asked: Before you got pregnant, were you doing anything to keep from getting pregnant? Respondents who answered "Yes, all the time" or "Yes, sometimes" were coded as "Using birth control before getting pregnant."