Racial Disparities in Selected Maternal Characteristics and Perinatal Health Indicators 2014 & 2016

Service Planning Area (SPA) 8

This data fact sheet presents key indicators of health for new mothers and infants in Service Planning Area 8, by mother's race/ethnicity. Vital statistics data (2016) was used to describe population demographics in SPA 8. The Los Angeles Mommy and Baby project data (2014 & 2016) was used to describe racial and ethnic disparities in health indicators and behaviors for new mothers and infants.

Maternal Demographics (Table 1)

- The general fertility rate (live births per 1,000 females 15-44) in SPA 8 varied from 40.6 for Black women to 55.9 for Latina women.
- The teen fertility rate (live births per 1,000 females 15-19) in SPA 8 was 2.1 for White teens, 11.1 for Black teens, and 18.4 for Latina teens.
- While greater than 85% of White and Asian mothers had more than a high school education, 42.1% of Latina and 62.9% of Black mothers attained greater than a high school education at the time of delivery.
- A greater proportion of Asian mothers were married at the time of delivery compared to Black and Latina mothers (82.9%, 36.4%, 46.2%, respectively).

Selected Maternal Health Indicators in SPA 8 (Table 1)

- Latina mothers were more likely to be uninsured six months before pregnancy (32.6%) compared to approximately 13% of all other mothers.
- A greater proportion of Latina and Black mothers were overweight or obese compared to White and Asian mothers (58.0% & 62.5% vs. 34.6% & 22.8%).
- Compared to all Los Angeles County mothers, Black mothers in SPA 8 had a higher rate of prepregnancy smoking (12.1 vs. 7.3).
- Approximately 5% of Black and 5.6% Latina mothers were exposed to secondhand smoking during pregnancy.
- Unintended pregnancy by mother ranged from 27.2% of White mothers to 53.0% of Black mothers.
- While there was no discernable difference in the percentage of mothers reporting that they needed to see a dentist, White mothers (55.3%) were more likely to have received dental care during pregnancy compared to Latina (30.1%) and Black (31.9%) mothers.
- Black (27.8%) and Latina mothers (26.7%) were more likely to have depressive symptoms during pregnancy compared to White (18.5%) and Asian mothers (12.2%).
- Approximately 10.2% of Black mothers in SPA 8 had reported previous low birth weight births.
- Exclusive breastfeeding at 3 months was more common in White mothers (64.3%) compared to Latina (32.7%) and Black (40.2%) mothers.
- White and Latina mothers had a similar likelihood of putting their infants on their backs to sleep (89.9%, 86.4%, respectively).

Table 1. Selected Maternal Characteristics and Perinatal Health Indicators by Mother's Race/Ethnicity, Service Planning Area 8, Los Angeles County 2014 & 2016

		Los Angeles County (N=250,909)					White (N=7,051) SPA 8					Latina (N=17,525) SPA 8					Asia	Asian (N=4,423) SPA 8			
	Population Estimate	%	95%	6 CL	Population Estimate	%	959	% CL	Population Estimate	%	95%	6 CL	Population Estimate	%	95%	6 CI	Population Estimate	%	95	% CL	
General Fertility Rate ¹	122,326			_	3,343		 		8,421	<u> </u>	.				38.9		2,438	48.9	46.9	1	
Teen Fertility Rate ²	5,292	1	I		23		1.3	l	489	1	16.8		-			13.4	-		0.8		
Maternal Demographics ³	3,292	10.4	13.9	10.8	23	2.1	1.3	3.0	403	10.4	10.8	20.0	91	11.1	0.0	15.4	12.0	1.0	0.8	2.0	
Married ⁴	143,999	58.2	56.9	59 5	5,540	79.3	75.3	83.3	7,999	46.2	41.6	50.9	1,597	36.4	30.9	42.0	3,633	82.9	78.3	87.5	
Education	143,333	30.2	30.5	33.5	3,340	75.5	75.5	05.5	1,555	40.2	-1.0	50.5	1,557	30.4	30.5	42.0	3,033	02.5	70.5	07.5	
<12 years	20,414	166	16.4	16.8	58	1.7	1.3	2.2	2,177	25 8	249	26.7	146	6.9	5.9	8.0	60	2.4	1.8	3.1	
12 years	29,035	1			297	8.8	7.9	9.8	2,514		1			27.9	26.0			9.7	8.5	10.9	
>12 years	69,747	1			2,970			l	3,551	1	1		1,324		60.9			86.5	85.1		
Age	03,747	30.7	30.3	37.0	2,310	00.5	07.2	09.4	3,331	-2.1	-1.0	43.1	1,324	02.9	00.9	05.0	2,123	00.5	05.1	07.0	
<20 years old	5,347	4.4	4.2	45	23	0.7	0.4	1.0	491	5.8	5.3	63	91	4.3	3.5	5.2	12	0.5	0.2	0.8	
20-24 years old	20,178	1	I		191	5.7	4.9	6.5	1,936	1	1				18.5			4.3	3.5	5.1	
25-34 years old	67,878	1			2,003			l	4,433	1	1				55.1			60.3	58.4		
35+ years old	29,523	1	I		1,146		I	I	1,583		1		-	18.3						36.8	
Pre-pregnancy Health & Well-Being ⁴	,	ı	•		,				<u> </u>	l	•				•		•				
Access to Health Care	I																				
Uninsured	64,897	26.0	24.8	27.2	732	10.4	7.3	13.4	5,690	32.6	28.3	37.0	737	16.2	12.1	20.4	601	13.6	9.4	17.8	
Medi-Cal ⁵	60,969	1	I			8.3		11.0	5,298	1	1			34.9	29.5	40.2	402	9.7	6.1	13.4	
Preconception Health Behaviors																					
Not taking a multivitamin	118,368	47.7	46.4	49.0	1,688	23.9	19.8	28.0	9,150	52.9	48.3	57.6	2,222	49.4	43.8	55.0	1,647	37.2	31.5	43.0	
Smoked cigarettes 6 months before pregnancy	17,702	7.3	6.7	7.9	659	9.4	6.5	12.3	1,058	1	1	8.6	522	12.1	1	15.9		7.3	4.2	10.3	
No preconception health counseling	177,666	1	I .		4,308				12,968		1		3,378		70.3			64.3	58.6		
Did not have enough money for food	11,799	1	I		,		0.7	3.4	1,047	1	1		379			11.5	,	1.7†			
Family Planning Practices																					
Unwanted/mistimed pregnancy by mother	107,668	43.9	42.6	45.1	1,891	27.2	22.9	31.5	8,687	50.9	46.2	55.6	2,333	53.0	47.4	58.7	1,324	30.0	24.6	35.5	
Unwanted/mistimed pregnancy by partner ⁶	67,122	1	l .		1,338			l	5,588	1	1		-				· ·	24.7			
Received fertility treatment	11,985		I	5.3	568	8.1		ı	592	1	1	5.0	120	2.7†			486	11.0	7.3	14.7	
Ever used emergency contraception	63,746	1	I		2,363			1	4,389	1	21.2				24.4			18.8			
Obstetric History																					
Previous preterm birth	16,068	7.1	6.4	7.8	348	5.4	3.1	7.7	1,208	7.8	5.1	10.6	482	11.7	6.9	16.5	146	3.7†	1.4	5.9	
Previous low birth weight	13,571		I	6.7			2.0	ı	988	1	1	8.8	422	10.2		14.7		3.0†	0.9		
Previous stillbirth or miscarriage	53,592		I		1,554				3,960	1	19.6		1,076		19.4	l		21.7	16.7	26.6	
Previous abortion	36,793						I	I	2,639	1	1		,			l		10.5		14.2	

Table 1. Selected Maternal Characteristics and Perinatal Health Indicators by Mother's Race/Ethnicity, Service Planning Area 8, Los Angeles County 2014 & 2016

	Los Angeles County (N=250,909)				White (N=7,051) SPA 8					N=1 SPA 8	7,525)		Blac	k (N=4, SPA 8	•		Asian (N=4,423) SPA 8			
	Population Estimate	%	959	% CL	Population Estimate	%	95	% CL	Population Estimate	%	95%	6 CL	Population Estimate	%	959	% CL	Population Estimate	%	95	% CL
Maternal Medical Conditions before Pregnancy																				
Asthma	14,008	5.6	5.0	6.1	453	6.4	4.0	8.8	911	5.2	3.2	7.2	462	10.2	7.0	13.3	124	2.8†	1.0	4.7
High blood pressure	8,965	3.6	3.1	4.1	231	3.3†	1.5	5.0	568	3.2†	1.6	4.9	213	4.7	2.7	6.7	92	2.1†	0.4	3.7
Diabetes	6,848	2.7	2.3	3.2	107	1.5†	0.4	2.6	289	1.7†	0.5	2.8	132	2.9†	1.3	4.5	N/C	N/A	N/A	N/A
Anemia	25,798	10.3	9.5	11.0	389	5.5	3.4	7.7	1,623	9.3	6.5	12.0	1,106	24.3	19.1	29.6	388	8.8	5.3	12.
Periodontal disease	22,080	8.8	8.1	9.5	467	6.6	4.3	9.0	1,486	8.5	5.9	11.0	492	10.8	7.5	14.2	362	8.2	4.7	11.
Overweight/obese	116,317	48.8	47.4	50.1	2,260	34.6	29.8	39.3	9,360	58.0	53.3	62.7	2,616	62.5	57.0	68.1	915	22.8	17.6	28.
Depression	24,695	9.8	9.1	10.6	750	10.6	7.6	13.7	1,979	11.3	8.3	14.2	538	11.8	8.2	15.4	251	5.7	3.0	8.4
Anxiety	29,850	11.9	11.1	12.7	1,127	16.0	12.5	19.5	2,029	11.6	8.6	14.6	554	12.2	8.5	15.9	181	4.1†	1.9	6.3
Prenatal Care and Maternal Risk Factors During	<u>I</u> g Pregnanc	y ⁴	<u> </u>	<u> </u>		<u> </u>	<u> </u>			<u> </u>	<u> </u>	<u> </u>								
Prenatal Care																				
Entered prenatal care after 1st trimester	20,295	8.4	7.7	9.1	306	4.4	2.4	6.5	2,241	13.2	10.0	16.3	469	11.0	7.5	14.4	311	7.4	4.1	10.
Did not get prenatal care as early was wanted ⁷	25,899	12.4	11.5	13.3	566	9.6	6.4	12.7	2,414	15.9	12.4	19.5	723	21.4	15.2	27.5	321	9.1	5.3	12.
Traveled 15 miles or more to get care ⁷	21,439	1	1		420	7.1	4.5	9.7	1,371	1	6.2	l		9.7	6.0	1	349	9.9	6.0	13.
Dissatisfied with amount of wait time at prenatal care ⁸	45,915	1	1	19.9	977		10.7		3,433	1		l		12.3	8.7	1	623	14.4	10.1	
Dissatisfied with amount of time spent with doctor/nurse ⁸	25,805	1	9.8		404	5.8	3.6	8.1	1,980	1		l	252	5.8	3.3	1	279	6.5	3.5	9.4
Dissatisfied with advice given at prenatal care ⁸	16,644	6.8	l	7.5	404	5.8	3.5	8.1	1,252	1		9.8	219	5.0	2.7	7.3	202	4.7†	2.2	7.2
	1		6.2			l	l		1	1					1	1				
Dissatisfied with understanding/respect received ⁸	8,956	3.7	3.2	4.2		3.5†		5.4	644	1	1	5.5	150	3.5†	1.7		100	2.3†	0.5	4.1
Needed to see a dentist	48,398	I	1	20.8	898	12.9	l	16.2	3,318			l	1,060	23.9	1	29.2	740		12.4	
Received dental care	93,139	1	1	39.2	3,862	l			5,097	1	1		1,421	31.9	1	37.0	1,983		39.5	
Received a seasonal flu shot during pregnancy	122,785	49.4	48.1	50.7	3,770	53.5	48.7	58.2	8,368	48.0	43.4	52.7	1,927	43.0	37.4	48.6	2,651	60.2	54.4	66.
Medical Conditions during Pregnancy																				
Labor pains 3 weeks before due date	30,306	12.2	11.3	13.1	749	10.7	7.6	13.8	2,516	14.6	11.2	18.0	722	16.2	11.4	21.1	344	7.9	4.7	11.3
High blood pressure	27,045	10.9	10.1	11.7	725	10.3	7.4	13.2	1,688	9.9	7.1	12.6	724	16.2	12.1	20.2	355	8.1	4.7	11.
Gestational diabetes	30,751	12.4	11.5	13.3	545	7.8	5.2	10.3	2,112	12.3	9.3	15.3	517	11.6	8.2	15.1	706	16.1	11.7	20.
Urinary tract Infection	21,841	8.8	8.1	9.5	786	11.2	8.2	14.2	1,446	8.5	5.9	11.0	273	6.2	3.7	8.6	312	7.2	4.1	10.
Water broke more than 3 weeks early	12,174	4.9	4.3	5.6	280	4.0†	1.9	6.1	954	5.6	3.4	7.8	278	6.2†	2.2	10.3	206	4.7†	1.9	7.6
Incompetent Cervix	4,429	1.8	1.4	2.1	N/C	N/A	N/A	N/A	283	1.7†	0.5	2.8	230	5.2†	1.2	9.1	N/C	N/A	N/A	N/A
STD/STI	4,555	1.8	1.5	2.2	151	2.2†	0.8	3.5	552	3.2†	1.6	4.8	108	2.4†	0.9	3.9	78	1.8†	0.2	3.3
Bacterial vaginosis	24,891	10.1	9.3	10.9	377	5.4	3.3	7.5	2,159	12.7	9.6	15.8	587	13.1	9.5	16.8	291	6.7	3.8	9.6
Periodontal disease	33,378	13.5	12.6	14.4	798	11.4	8.3	14.5	2,230	13.1	10.0	16.2	709	16.0	11.9	20.0	413	9.4	5.8	13.0
Risk Behaviors during Pregnancy																				
Cigarette smoking	3,700	1.5	1.3	1.8		2.2†	l	3.7		1.1†	1	2.1	163	3.8†	1.5		N/C		N/A	
Marijuana use	4,365	1.8	1.5	2.1		2.5†		3.9		1.6†		2.8	187	4.2†	2.1		N/C	-	N/A	
Secondhand smoke exposure	10,370	4.5	3.9	5.1	162	2.4†	0.8	3.9	799	5.0	2.9	7.1	234	5.6	2.9	8.4	174	4.0†	1.8	6.4
Did not exercise ⁹	55,151	23.7	22.6	24.8	925	14.0	10.5	17.4	3,847	23.3	19.2	27.3	1,345	33.4	28.1	38.8	949	22.2	17.2	27.
Mental Health during Pregnancy																				
Depressive symptoms ¹⁰	64,189	25.6	24.5	26.7	1,305	18.5	14.7	22.3	4,684	26.7	22.7	30.8	1,262	27.8	23.0	32.6	540	12.2	8.4	16.

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	Los Angeles County (N=250,909)				Whit	Latina (N=17,525) SPA 8				Blac	k (N=4, SPA 8	Asian (N=4,423) SPA 8								
	Population Estimate			Population Estimate %		6 95% CL		Population Estimate	· I		6 CL	Population Estimate	%	95% CL		Population Estimate	%	95	% CL	
Stressful Environment and Life Events during Pregnancy																				
Perceived neighborhood as unsafe	34,448	13.9	13.1	14.8	492	7.0	4.5	9.5	3,117	18.1	14.5	21.7	625	14.0	10.2	17.9	384	8.8	5.5	12.0
Family member had to go into the hospital	35,446		13.7	l		18.6	14.8		2,656					21.5		26.7	550	12.9	8.8	17.0
Divorced/separated from husband/partner	15,097	6.2	5.6	6.9	227	3.3	1.5	5.1	1,367					10.2	6.8	13.5	93	2.2	0.3	4.1
Moved to a new address	58,928	24.3	23.2	25.4	1,716	24.9	20.7	29.1	3,718	22.3	18.4	26.2	1,558	36.2	30.8	41.7	1,280	29.9	24.4	35.5
Were homeless	8,177	3.4	3.0	3.9	139	2.0†	0.6	3.5	659	4.0	2.2	5.8	382	9.0	5.7	12.3	N/C	N/A	N/A	N/A
Husband/partner lost his/her job	24,103	10.0	9.2	10.8	469	6.9	4.4	9.4	1,826	11.0	8.1	13.9	540	12.6	8.9	16.4	294	6.9	3.9	9.9
Lost job but wanted to continue working	19,772	8.2	7.5	8.9	193	2.8†	1.1	4.6	1,773	10.8	7.8	13.8	533	12.5	8.9	16.1	166	3.9†	1.5	6.3
Argued more than usual with husband/partner	56,698		22.3		1,268	18.5	14.7	22.3	4,575	27.2	23.0	31.4		39.7	34.0	45.5	751	17.5	13.0	22.1
Had a lot of bills that could not be paid	39,526	16.3	15.4	17.3	812	11.8	8.6	15.1	2,978	17.8	14.2	21.4	1,394	32.6	26.9	38.3	173	4.1†	1.7	6.5
Was in a physical fight	4,680	1.9	1.6	2.3	101	1.5†	0.3	2.7		1.6†		2.7	304	7.1	4.2	10.1	N/C	N/A	N/A	N/A
Husband/partner or self went to jail	5,542	2.3	1.9	2.7	88	1.3†	0.2	2.4	655	4.0	1	5.7	220	5.2	2.7	7.6	N/C	N/A	N/A	N/A
Someone close had drinking or drug problems	17,541	7.3	6.6	7.9	616	9.0	6.2	11.8	1,395		1	10.9		9.0	5.8	12.1	71	1.7†	0.2	3.1
Someone close and important died	27,598	11.4	10.6	12.2	745	10.9	7.9	13.9	1,849	11.1	8.1	14.1	750	17.4	12.3	22.4	300	7.1	4.0	10.2
Lifetime Discrimination ¹¹																				
Any discrimination	92,226	36.8	35.5	38.0	2,284	32.4	28.0	36.8	6,517	37.2	32.7	41.6	2,316	51.0	45.4	56.6	1,583	35.8	30.2	41.4
At work	41,589	16.6	15.7	17.5	1,250	17.7	14.1	21.3	2,642	15.1	11.8	18.3	1,179	25.9	21.1	30.8	815	18.4	14.0	22.9
When getting medical care	17,632	7.0	6.4	7.7		3.6†	ı	5.5	1,549	8.8	6.2	11.4		10.1	6.7	13.4	174	3.9†	1.6	6.3
When getting housing	18,864	7.5	6.9	8.2	301	4.3	2.3	6.3	1,786	1	1	ı		13.8	1	17.5	143	3.2†	1.2	5.2
Because of race/color	39,008	I	1		379	5.4	3.3	7.5	2,952		I				33.9		877		15.2	
Because of gender	29,559	I	1			l	l		1,712		I		,		13.9		681	15.4		
Because of pregnancy	34,967					11.8	l	14.9	2,265	l		l			16.2			7.6	4.4	
Dat., at.,4																				
Postpartum ⁴	Ī	l	l	l	l	l	l	<u> </u>		I	l	I	I	l	I	l			l	
Delivery Method	05 245	244	22.0	25.3	2 200	22.6	20.4	27.4	F 007	244	20.0	20.0	1 004	42 C	20.0	40.3	1 505	24.0	20.4	20 -
Had a Cesarean	85,345								5,997		I		,		38.0		,	34.0		
C-section discussion initiated by mother	9,780	1	1			ı	9.2	l			4.2			12.3		17.8		25.1		
Reason for C-section: Had a previous C-section ¹²	38,671	45.3	43.1	47.5	733	31.9	24.0	39.7	2,837	47.3	39.3	55.3	746	37.7	29.3	46.1	699	46.4	36.2	56.6
Reason for C-section: Baby was in wrong position ¹²	14,154	16.6	15.0	18.2	733	31.9	24.0	39.8	785	13.1	7.8	18.4	345	17.4†	8.6	26.3	217	14.4†	7.3	21.6
Reason for C-section: Labor was taking too long ¹²	12,202	14.3	12.8	15.8	354	15.4	9.5	21.3	916	15.3	9.6	21.0	208	10.5	5.5	15.4	202	13.4†	6.8	20.1
Postpartum Health																				
Had a Postpartum check-up	228,208	91 /	90.7	92 1	6,578	92 5	91 1	95.9	15,416	88 8	85 Q	91 &	4,030	91 N	87 8	94 1	4,165	94.5	91 &	97 3
Family planning discussed during Check-Up	203,235				· ·	l	l	l	13,868	1	1	ı	-		1		-	92.0		
ranniy pianning discussed during check-up	203,233	03.8	03.0	30.7	0,108	34.0	31.0	30.4	13,008	30.8	00.0	33.7	3,000	31.9	00.0	33.2	3,/3/	32.0	00.0	35.4

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	Los Angeles County (N=250,909)				Whit	Latina (N=17,525) SPA 8				Black (N=4,542) SPA 8				Asia	l,423)					
	Population Estimate	%	95%	6 CL	Population Estimate	%	95	% CL	Population Estimate	%	95%	% CL	Population Estimate	%	95%	6 CL	Population Estimate	%	95	% CL
Infant Health⁴																				
Preterm birth ^{3,13}	10,979	8.9	8.8	9.1	268	8.0	7.1	8.9	766	9.1	8.5	9.7	232	11.0	9.7	12.4	215	8.8	7.6	9.9
Low birth weight ³	8,783	7.1	7.0	7.3	193	5.7	5.0	6.5	544	6.4	5.9	7.0	222	10.6	9.2	11.9	184	7.5	6.4	8.5
Had a well-baby check up	242,703	97.9	97.5	98.3	6,908	98.8	97.7	100.0	16,897	97.5	96.1	98.9	4,333	97.9	96.4	99.5	4,354	99.5	98.5	100.0
Breastfeeding Practices																				
Any breastfeeding at 1 week	220,388	87.8	87.0	88.7	6,389	90.6	87.7	93.5	15,123	86.3	83.1	89.5	3,911	86.1	82.4	89.8	4,120	93.1	90.2	96.1
Exclusive breastfeeding at 1 week	138,129	55.1	53.8	56.3	5,151	73.1	68.8	77.3	9,388	53.6	49.0	58.2	2,813	61.9	56.6	67.2	2,506	56.6	50.8	62.5
Exclusive breastfeeding at 1 month	120,631	49.4	48.1	50.7	4,920	72.1	67.7	76.5	7,909	46.1	41.4	50.8	2,243	52.2	46.7	57.6	2,444	56.9	50.9	62.9
Exclusive breastfeeding at 3 months	92,983	40.8	39.5	42.1	3,995	64.3	59.4	69.2	5,309	32.7	28.2	37.3	1,670	40.2	34.7	45.6	2,021	50.8	44.5	57.0
Sleeping Environment																				
Sleeps on back	192,853	83.8	82.9	84.8	6,071	89.9	86.9	92.8	13,348	86.4	83.0	89.7	3,056	74.5	69.5	79.5	3,430	81.4	76.6	86.3
Ever slept with another person	177,832	72.2	71.0	73.3	4,022	58.8	54.0	63.6	12,448	72.0	67.8	76.2	3,616	82.5	78.5	86.6	3,200	73.3	68.1	78.6

¹ Live births per 1,000 females ages 15-44, California Department of Public Health: 2016 Birth Statistical File; analyzed by the Los Angeles County Department of Public Health, Maternal, Child, and Adolescent Health (MCAH) Program on October 2018

² Live births per 1,000 females 15-19, California Department of Public Health: 2016 Birth Statistical File; analyzed by the Los Angeles County Department of Public Health, Maternal, Child, and Adolescent Health (MCAH) Program on October 2018

³ California Department of Public Health: 2016 Birth Statistical File; analyzed by the Los Angeles County Department of Public Health,

Maternal, Child, and Adolescent Health (MCAH) Program on October 2018

⁴ Source: Los Angeles Mommy and Baby Project, 2014 &2016

⁵ Percntage of new mothers with Medi-Cal among insured and uninsured

⁶ Options included: Intended by partner, Unwanted/mistimed by partner, No partner/unknown

⁷ Question removed from 4th wave of 2016 LAMB

⁸ Options included: Dissatisfied, Neutral, Satisfied

⁹ Excludes those mothers who were told not to exercise by a health care provider

¹⁰ Question is a modified PHQ2; depressive symptoms defined as positive response to felt sad, empty, depressed or lost interest in most things for >=2weeks

¹¹ Women were asked if they had ever experienced discrimination

¹²Reported by mother as at least one of the reasons for cesarean delivery

¹³ Gestational age calculated based on obstetrical estimation

[†] Signifies that the estimate is statistically unstable (relative standard error > 30%) and therefore may not be appropriate to use for planning or policy purposes Numbers fewer than 5 are shown (N/C). Rates and estimates are not calculated for numbers fewer than five.