Racial Disparities in Maternal Characteristics and Health Indicators 2014 & 2016 Service Planning Area (SPA) 5

This fact sheet presents key indicators of health for new mothers and infants in Service Planning Area 5 and describes racial ethnic disparities. Vital statistics data (2016) was used to describe population demographics in SPA 5. The Los Angeles Mommy and Baby project data (2014 & 2016) was used to describe racial and ethnic disparities in health indicators and behaviors for new mothers and infants.

Maternal Demographics (Table 1)

- The general fertility rate (live births per 1,000 females 15-44) in SPA 5 varied from 42.3 for White women to 35.5 for Black women and were significantly lower than the Los Angeles County (LAC) general fertility rate.
- The teen fertility rate (live births per 1,000 females 15-19) for mothers in SPA 5 was significantly lower than the LAC rate. The rates were only 0.7 for White teens and 6.3 for Latina teens.
- While almost 95% of White and Asian mothers had greater than a high school education, only 63.3% of Latina and 75.7% of Black mothers attained greater than a high school education at the time of delivery.
- A higher percentage of White and Asian mothers (89.7 vs. 96.7, respectively) were married at the time of birth compared to Latina and Black mothers (65.0 vs. 52.5, respectively).

Selected Maternal Health Indicators in SPA 5 (Table 1)

- Fifteen percent of Black mothers reported smoking six months before pregnancy, three to five times higher than Asian, Hispanic and White mothers.
- Latina and Black mothers were significantly more likely to have an unwanted/mistimed pregnancy compared to White and Asian mothers (39.2% and 42.5%, respectively).
- Black mothers were more likely to report pre-pregnancy depression and anxiety compared to other mothers in SPA 5(17.6% and 18.6%, respectively).
- While there was no significant difference in the percentage of mothers reporting that they needed to see a dentist, White mothers (65.8%) were significantly more likely to receive dental care during pregnancy compared to Latina (50.0%), Black (42.7%) and Asian mothers (49.3%).
- Black mothers (31.8%) were more likely to have depressive symptoms during pregnancy compared to White mothers (14.3%).
- Black mothers (18.4%) were more likely to report having bills that could not be paid during pregnancy compared to White mothers (7.3%).
- Black mothers reported significantly higher experience of any discrimination compared to all of LAC. (61.0% vs. 36.8%)
- Black mothers had significantly higher preterm or low birthweight births (13.4% & 10.6%) compared to White mothers (7.5% & 6.0%).
- Black mothers were more likely to co-sleep with their newborns (83.7%) compared to all mothers in SPA 5 and LAC.

Table 1. Maternal Characteristics and Health Indicators by Mother's Race/Ethnicity, Service Planning Area 5, Los Angeles County 2014 & 2016

	Los Angeles County (N=250,909)				White (N=7,521) SPA 5				Latina (N=2,244) SPA 5				Black (N=585) SPA 5				Asian (N=2,343) SPA 5			
	Population Estimate	Weighted %	95%	6 CL	Population Estimate	Weighted %	95%	6 CL	Population Estimate	Weighted %	95%	S CL	Population Estimate	Weighted %	95%	% CL	Population Estimate	Weighted %	959	% CL
General Fertility Rate ¹	122,326	56.2	55.9	56.5	3548	42.3	40.9	43.7	1051	39.3	36.9	41.7	279	35.5	31.3	39.6	1184	39.8	37.5	42.0
Teen Fertility Rate ²	5,292	16.4	15.9	16.8	7	0.7	0.2	1.2	27	6.3	3.9	8.6	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C
		Materna	l Demo	ograph	ics ³															
Married ⁴	143,999	58.2	56.9	59.5	6,711	89.7	85.8		1,441	65.0	59.3	70.7	304	52.5	40.8	64.2	2,150	96.7	94.8	98.7
Education	113,333	30.2	30.3	33.3	0,711	03.7	03.0	33.7	1,111	03.0	33.3	, 0.,	301	32.3	10.0	02	2,130	30.7	3 1.0	30.7
<12 years	20,414	16.6	16.4	16.8	12	0.3	0.1	0.5	122	11.6	9.7	13.5	14	4.9	2.4	7.4	5	0.4	0.1	0.8
12 years	29,035	23.6	23.4	23.9	158	4.4	3.7	5.0	211	20.1	17.6	22.5	41	14.4	10.3		33	2.8	1.8	3.7
>12 years	69,747	56.7	56.5	57.0	3,349	92.9	92.0	93.7	666	63.3	60.4	66.2	215	75.7	I .	80.7	1,138	94.9	93.7	96.2
Age	,				,												,			
<20 years old	5,347	4.4	4.2	4.5	7	0.2	0.1	0.3	27	2.6	1.6	3.5	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C
20-24 years old	20,178	16.4	16.2	16.6	72	2.0	1.5	2.5	116	11.0	9.1	12.9	31	10.9	7.3	14.5	19	1.6	0.9	2.3
25-34 years old	67,878	55.2	54.9	55.5	1,947	54.0	52.4	55.6	557	52.9	49.9	56.0	153	53.9	48.1	59.7	642	53.5	50.7	56.4
35+ years old	29,523	24.0	23.8	24.2	1,580	43.8	42.2	45.4	352	33.5	30.6	36.3	97	34.2	28.6	39.7	537	44.8	42.0	47.6
					Pre-	pregnancy	Health	h & W	ell-being ⁴											
Access to Health Care	1					<u> </u>														
Uninsured	64,897	26.0	24.8	27.2	438	5.8	3.3	8.3	602	26.8	21.4	32.3	91	15.5	8.2	22.8	163	7.2	3.9	10.6
Medi-Cal ⁵	60,969	25.3	24.2	26.4	307	4.3	2.1	6.6	395	17.8	13.3	22.3	61	11.0	4.6		N/C	N/C	N/C	N/C
Wedi edi	00,303	25.5	27.2	20.4	307	1.5		0.0	333	17.0	13.3	22.5	01	11.0		17.4	11,0	14/6	'''	11,5
Preconception Health Behaviors																				
Not taking a multivitamin	118,368	47.7	46.4	49.0	1,549	20.7	15.8	25.5	1,028	46.2	40.2	52.1	206	35.5	23.8	47.3	552	24.5	19.6	29.3
Smoked cigarettes 6 months before pregnancy	17,702	7.3	6.7	7.9	404	5.4	1.5	9.4	83	3.8	1.4	6.1	86	15.3	5.7	25.0	79	3.6	1.5	5.6
No preconception health counseling	177,666	71.3	70.2	72.5	3,838	51.0	45.3	56.7	1,506	67.6	61.9	73.3	385	65.9		76.4	1,307	58.1	52.4	63.7
Did not have enough money for food	11,799	4.7	4.2	5.2	126	1.7†	0.3	3.0	51	2.3†	0.6	4.0	62	10.7†	1.6		N/C	N/C	N/C	N/C
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Family Planning Practices																				
Unwanted/mistimed pregnancy by mother	107,668	43.9	42.6	45.1	1,232	16.5	12.0	21.0	847	39.2	33.2	45.1	235	42.5	30.8	54.1	410	18.4	14.0	22.9
Unwanted/mistimed pregnancy by partner ⁶	67,122	30.2	29.0	31.5	1,336	18.4	13.6	23.2	644	31.4	25.6	37.2	130	25.8	13.7	38.0	274	12.7	8.8	16.7
Received fertility treatment	11,985	4.8	4.3	5.3	903	12.1	8.7	15.5	128	5.7	3.0	8.5	45	7.9†	2.7	13.0	289	12.9	9.0	16.8
Ever used emergency contraception	63,746	25.7	24.6	26.8	2,489	33.1	27.7	38.5	686	31.1	25.5	36.6	206	35.5		47.1	640	28.6	23.4	33.8
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Obstetric History																				
Previous preterm birth	16,068	7.1	6.4	7.8	305	4.4	2.1	6.7	85	4.1†	1.6	6.6	71	13.2†	4.6	21.8	76	3.7†	1.3	6.0
Previous low birth weight	13,571	6.0	5.4	6.7	258	3.7	1.6	5.9	60	2.9†	0.6	5.2	63	12.0	5.0	19.1	44	2.2†	0.6	3.8
Previous stillbirth or miscarriage	53,592	22.4	21.3	23.5	1,392	19.1	14.9	23.4	483	22.1	17.0	27.1	129	24.2	14.4	34.1	470	21.4	16.6	26.2
Previous abortion	36,793	15.2	14.3	16.2	1,062	14.5	10.5	18.5	284	13.0	8.9	17.0	201	34.4	23.6	45.3	272	12.8	8.9	16.7
Maternal Medical Conditions before Pregnancy																				
Asthma	14,008	5.6	5.0	6.1	415	5.5	3.0	8.1	150	6.7	3.7	9.6	32	5.5†	0.6		74	3.3†	1.3	5.3
High blood pressure	8,965	3.6	3.1	4.1	259	3.4	1.5	5.4	84	3.7†	1.3	6.1	N/C	N/C	N/C		36	1.6†	0.2	3.0
Diabetes	6,848	2.7	2.3	3.2	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	1 '	N/C	N/C	N/C	N/C
Anemia	25,798	10.3	9.5	11.0	348	4.6	2.2	7.1	215	9.6	6.1	13.1	112	19.1	10.1		105	4.7	2.3	7.0
Periodontal disease	22,080	8.8	8.1	9.5	219	2.9	1.0	4.8	184	8.2	4.7	11.7	94	16.0	7.3	24.8	131	5.8	3.2	8.5
Overweight/obese	116,317	48.8	47.4	50.1	1,556	21.5	16.2	26.8	941	43.7	37.7	49.7	263	48.0	36.0	59.9	317	14.2	10.3	18.2
Depression	24,695	9.8	9.1	10.6	684	9.1	4.8	13.4	201	9.0	5.6	12.4	103	17.6	8.7	26.4	148	6.6	3.7	9.4
Anxiety	29,850	11.9	11.1	12.7	915	12.2	7.7	16.7	221	9.9	6.4	13.3	109	18.6	8.3	29.0	175	7.8	4.7	10.8

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	Population Estimate	Weighted %	95%	۲ CI	Population Estimate	Weighted %	959	% CL	Population Estimate	Weighted %	95%	۲.Cl	Population Estimate	Weighted %	959	% CL	Population Estimate	Weighted %	920	% CL
	Estimate	17 6.8.11.6.4 75	937							Pregnancy ⁴		0 CL	Lotimate	Treignica /	93,	70 CL	Estimate	Weighted 70	937	70 CL
Prenatal Care	$\overline{}$				Tar Care a	Tid Ividici II			is during i	legitaticy					Τ					
Entered prenatal care after 1st trimester	20,295	8.4	7.7	9.1	252	3.4	1.5	5.3	132	6.0	3.1	8.9	34	6.1	1.5	10.7	88	4.0†	1.8	6.2
Did not get prenatal care as early was wanted ⁷	25,899	12.4	11.5	13.3	262	4.1	1.7	6.4	165	8.9	5.3	12.6	53	10.0†	2.1	17.9	136	7.4	4.2	10.5
Traveled 15 miles or more to get care ⁷	21,439	10.4	9.5	11.3	206	3.2†	1.2	5.2	112	6.1	3.0	9.1	50	9.9†	3.4	16.5	96	5.2	2.5	8.0
Dissatisfied with amount of wait time at prenatal care ⁸	45,915	18.8	17.8	19.9	962	12.9	9.4	16.4	320	14.4	10.2	18.7	91	15.9	7.3	24.6	428	19.3	14.5	24.2
Dissatisfied with amount of time spent with doctor/nurse ⁸	25,805	10.6	9.8	11.5	374	5.0	2.4	7.7	203	9.2	5.6	12.8	N/C	N/C	N/C	N/C	128	5.7	2.9	8.5
Dissatisfied with advice given at prenatal care ⁸	16,644	6.8	6.2	7.5	113	1.5†	0.3	2.8	150	6.8	3.8	9.8	N/C	N/C	N/C	N/C	87	3.9	1.7	6.1
Dissatisfied with understanding/respect received ⁸	8,956	3.7	3.2	4.2	N/C	N/C	N/C	N/C	63	2.9†	0.9	4.9	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C
Needed to see a dentist	48,398	19.8	18.7	20.8	1,190	15.9	11.1	20.8	320	14.7	10.2	19.1	130	22.4	11.1	33.7	250	11.3	7.6	15.0
Received dental care	93,139	38.0	36.8	39.2	4,921	65.8	60.1	71.5	1,088	50.0	44.0	56.1	247	42.7		54.3	1,089	49.3	43.5	55.1
Received a seasonal flu shot during pregnancy	122,785	49.4	48.1	50.7	5,406	71.9	66.7	77.1	1,382	62.6	56.8	68.4	291	50.2		61.8	1,602	71.8	66.5	77.2
Medical Conditions during Pregnancy																				
Labor pains 3 weeks before due date	30,306	12.2	11.3	13.1	630	8.4	3.8	13.0	290	13.1	9.0	17.2	98	16.7	7.9	25.6	129	5.8	3.1	8.4
High blood pressure	27,045	10.9	10.1	11.7	655	8.7	4.9	12.5	282	12.8	8.6	16.9	72	12.2	5.5	19.0	91	4.1	1.8	6.3
Gestational diabetes	30,751	12.4	11.5	13.3	400	5.3	3.0	7.6	149	6.7	3.7	9.8	62	10.6†	2.7	18.5	220	9.8	6.3	13.4
Urinary tract Infection	21,841	8.8	8.1	9.5	474	6.3	3.8	8.8	192	8.7	5.1	12.2	62	10.6†	4.0	17.3	67	3.0†	1.2	4.9
Water broke more than 3 weeks early	12,174	4.9	4.3	5.6	336	4.5†	0.2	8.8	36	1.6†	0.1	3.1	32	5.4†	0.6	10.2	117	5.2	2.7	7.7
Incompetent Cervix	4,429	1.8	1.4	2.1	N/C	N/C	N/C	N/C	56	2.5†	0.6	4.4	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C
STD/STI	4,555	1.8	1.5	2.2	N/C	N/C	N/C	N/C	41	1.9†	0.2	3.5	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C
Bacterial vaginosis	24,891	10.1	9.3	10.9	365	4.9	2.7	7.1	199	8.9	5.6	12.3	65	11.2	4.9	17.4	83	3.7†	1.5	5.9
Periodontal disease	33,378	13.5	12.6	14.4	682	9.1	6.1	12.2	291	13.1	8.9	17.4	128	22.1		33.6	181	8.1	5.0	11.2
Diele Debessieus dessine Ducamentos																				
Risk Behaviors during Pregnancy Cigarette smoking	3,700	1.5	1.3	1.8	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	23	3.9†	0.4	7.5	N/C	N/C	N/C	N/C
Marijuana use	4,365	1.8	1.5	2.1	301	4.0†	0.2	7.8	N/C	N/C	N/C	N/C	41	7.2†	0.4	14.0	N/C	N/C	N/C	N/C
Secondhand smoke exposure	10,370	4.5	3.9	5.1	292	3.9†	1.4	6.4	N/C	N/C	N/C	N/C	25	4.4†	0.3	8.1	51	2.3†	0.6	4.1
Did not exercise ⁹	55,151	23.7	22.6	24.8	1,239	17.7	13.4	21.9	349	17.1	12.3	21.8	115	22.3	12.4	32.2	434	20.2	15.6	24.7
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Mental Health during Pregnancy	64.400	25.6	24.5	26.7	4.075	442	0.6	100	406	24.6	46.7	26.5	406	24.0]	42.7	260	44.0		455
Depressive Symptoms ¹⁰	64,189	25.6	24.5	26.7	1,075	14.3	9.6	19.0	486	21.6	16.7	26.5	186	31.8	20.9	42.7	268	11.9	8.2	15.5
Stressful Environment and Life Events during Pregnancy Perceived neighborhood as unsafe	34,448	13.9	13.1	14.8	199	2.7†	1.0	4.3	172	7.9	4.7	11.1	32	5.5†	0.6	10.4	N/C	N/C	N/C	N/C
Family member had to go into the hospital	35,446	14.6	13.7	15.5	1,232	16.9	12.8	20.9	322	14.9	10.7	19.1	158	27.2	15.6	38.8	247	11.5	7.9	15.1
Divorced/separated from husband/partner	15,097	6.2	5.6	6.9	N/C	N/C	N/C	N/C	101	4.7	2.1	7.2	63	10.9†	3.1	18.6	N/C	N/C	N/C	N/C
Moved to a new address	58,928	24.3	23.2	25.4	1,661	22.7	18.2	27.3	595	27.3	21.9	32.6	156	28.3	16.5	40.2	530	24.4	19.3	29.4
Were homeless	8,177	3.4	3.0	3.9	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	94	16.5†	6.7	26.3	N/C	N/C	N/C	N/C
Husband/partner lost his/her job	24,103	10.0	9.2	10.8	483	6.6	3.7	9.6	122	5.6	2.9	8.3	78	13.9†	5.5	22.3	88	4.1	1.8	6.4
Lost job but wanted to continue working	19,772	8.2	7.5	8.9	155	2.1†	0.6	3.7	193	8.9	5.3	12.6	62	11.0	4.9	17.2	76	3.5	1.5	5.5
Argued more than usual with husband/partner Had a lot of bills that could not be paid	56,698 39,526	23.4 16.3	22.3 15.4	24.4 17.3	1,351 532	18.5 7.3	13.8 3.6	23.2 11.0	386 259	17.8 11.9	13.2 7.9	22.3 15.8	117 105	20.5 18.4	11.3 9.6	29.7 27.3	359 N/C	16.6 N/C	12.2 N/C	20.9 N/C
Was in a physical fight	4,680	1.9	1.6	2.3	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	42	7.4	0.3	14.4	N/C	N/C	N/C	N/C
Husband/partner or self went to jail	5,542	2.3	1.9	2.7	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C	N/C
Someone close had drinking or drug problems	17,541	7.3	6.6	7.9	359	4.9	2.7	7.2	212	9.8	6.1	13.6	97	17.1	7.5	26.8	46	2.1†	0.2	4.0
Someone close and important died	27,598	11.4	10.6	12.2	602	8.3	5.4	11.3	164	7.6	4.6	10.6	81	14.4†	4.9	23.8	147	6.8	3.9	9.7
Lifetime Discrimination ¹¹																				
Any discrimination	92,226	36.8	35.5	38.0	2,793	37.1	31.4	42.9	944	42.1	36.2	48.0	357	61.0	49.3	72.6	884	39.2	33.5	44.8
At work	41,589	16.6	15.7	17.5	1,959	26.0	20.5	31.6	397	17.7	13.2	22.2	168	28.8	18.2	39.3	409	18.1	13.7	22.5
When getting medical care	17,632	7.0	6.4	7.7	226	3.0†	1.2	4.8	176	7.9	4.6	11.1	72	12.3†	4.3	20.4	90	4.0	1.8	6.2
When getting housing	18,864	7.5	6.9	8.2	271	3.6	1.6	5.6	131	5.8	3.0	8.6	83	14.2	5.9	22.6	71	3.1†	1.2	5.1
Because of race/color	39,008	15.5	14.6	16.5	505	6.7†	2.6	10.8	379	16.9	12.5	21.3	241	41.2	30.2	52.2	533	23.6	18.6	28.6
Because of gender	29,559	11.8	11.0	12.5	1,663	22.1	16.7	27.5	349	15.6	11.3	19.9	97	16.6	9.0	24.3	396	17.5	13.2	21.9
Because of pregnancy	34,967	13.9	13.1	14.8	1,142	15.2	10.8	19.6	253	11.3	7.6	15.0	168	28.7	18.1	39.2	262	11.6	8.0	15.2
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						Pos	stparti	um ⁴												
Delivery Method																				
Had a Cesarean	85,345	34.1	32.9	35.3	2,099	27.9	22.8	33.0	617	27.8	22.4	33.3	185	31.6	1	41.9	689	30.6	25.2	36.0
C-section discussion initiated by mother	9,780	12.1	10.6	13.5	233	11.5	5.0	18.1	88	15.1	6.8	23.4	N/C	N/C	N/C	N/C	116	17.7	8.3	27.1
Reason for C-section: Had a previous C-section ¹²	38,671	45.3	43.1	47.5	685	32.6	22.9	42.3	184	29.9	19.5	40.2	48	25.9†	9.6	42.1	169	24.5	15.4	33.6
Reason for C-section: Baby was in wrong position ¹²	14,154	16.6	15.0	18.2	446	21.3	13.2	29.3	96	15.5	7.5	23.5	47	25.6†	9.8	41.5	142	20.6	12.0	29.1
Reason for C-section: Labor was taking too long ¹²	12,202	14.3	12.8	15.8	241	11.5	5.4	17.6	123	19.9	10.8	29.0	47	25.2†	6.0	44.3	167	24.3	14.6	34.0
Postpartum Health																				
Had a Postpartum check-up	228,208	91.4	90.7	92.1	7,309	97.2	95.5	98.8	2,116	95.5	93.0	98.1	543	92.8	85.8	99.8	2,173	96.6	94.6	98.6
Family planning discussed during Check-Up	203,235	89.8	89.0	90.7	6,686	91.8	88.7	94.9	1,931	92.0	88.5	95.5	519	96.8	93.3	100.0	1,931	89.1	85.4	92.9
	<u> </u>					<u> </u> Infa	nt Hea	 alth⁴							<u> </u>				<u> </u>	<u> </u>
Preterm birth ^{3,13}	10,979	8.9	8.8	9.1	270	7.5	6.6	8.3	95	9.0	7.3	10.8	38	13.4	9.4	17.3	113	9.4	7.8	11.1
Low birth weight ³	8,783	7.1	7.0	7.3	216	6.0	5.2	6.8	73	6.9	5.4	8.5	30	10.6	7.0	14.1	95	7.9	6.4	9.5
Had a well-baby check up	242,703	97.9	97.5	98.3	7,305	97.6	94.6	100.0	2,189	98.8	97.6	100.0	572	98.7	96.7	100.0	2,237	99.4	98.6	100.0
Breastfeeding Practices																				
Any breastfeeding at 1 week	220,388	87.8	87.0	88.7	7,276	96.7	94.9	98.6	2,103	93.7	90.8	96.7	511	87.4	79.3	95.5	2,180	96.6	94.4	98.7
Exclusive breastfeeding at 1 week	138,129	55.1	53.8	56.3	5,530	73.5	68.2	78.9	1,425	63.5	57.7	69.3	418	71.4	61.3	81.5	1,378	61.1	55.4	66.7
Exclusive breastfeeding at 1 month	120,631	49.4	48.1	50.7	5,305	71.7	66.2	77.2	1,338	61.3	55.4	67.2	367	63.9	53.0	74.8	1,420	64.1	58.5	69.8
Exclusive breastfeeding at 3 months	92,983	40.8	39.5	42.1	4,809	69.1	63.8	74.5	1,089	53.5	47.3	59.8	336	64.0	52.5	75.4	1,331	63.7	57.9	69.5
Sleeping Environment																				
Sleeps on side	27,181	11.8	10.9	12.7	562	7.6	4.5	10.6	138	6.4	3.4	9.4	84	15.6†	5.5	25.7	202	9.1	5.4	12.8
Sleeps on back	192,853	83.8	82.9	84.8	6,522	87.7	84.0	91.3	1,979	91.4	88.0	94.8	424	78.8	68.2	89.5	1,887	85.3	80.9	89.7
Sleeps on stomach	10,011	4.4	3.8	4.9	354	4.8	2.6	6.9	48	2.2†	0.5	3.9	30	5.6†	0.8	10.4	123	5.6	2.9	8.3
Ever slept with another person	177,832	72.2	71.0	73.3	4,427	59.2	53.6	64.7	1,512	68.9	63.2	74.5	476	83.7	76.2	91.1	1,528	68.4	62.9	73.8

¹ Live births per 1,000 females ages 15-44, California Department of Public Health, 2016 Birth Statistical Master File

² Live births per 1,000 females 15-19, California Department of Public Health, Center for Health Statistics, 2016 Birth Statistical Master File

³ Source: California Department of Public Health, Center for Health Statistics, 2016 Birth Statistical Master File; analyzed by Maternal, Child, and Adolescent (MCAH) Program on September 2018.

⁴ Source: Los Angeles Mommy and Baby Project, 2014 & 2016

⁵ Percntage of new mothers with Medi-Cal among insured and uninsured

⁶ Options included; Intended by partner, Unwanted/mistimed by partner, No partner/unknown

⁷ Question removed from 4th wave of 2016 LAMB

⁸ Options included; Dissatisfied, Neutral, Satisfied

 $^{^{\}rm 9}$ Excludes those mothers who were told not to exercise by a health $\,$ care provider

¹⁰ Question is a modified PHQ2; depressive symptoms defined as positive response to felt sad, empty, depressed or lost interest in most things for >=2weeks

¹¹ Women were asked if they had ever experienced discrimination

¹² Reported by mother as at least one of the reasons for cesarean delivery

¹³ Gestational age calculated based on obstetrical estimation

[†] Signifies that the estimate is statistically unstable (relative standard error > 30%) and therefore may not be appropriate to use for planning or policy purposes Numbers fewer than 5 are shown as (N/C). Rates and estimates are not calculated for numbers fewer than five.