

2007 LAMB survey

Domain/Subdomain		<i>Nutrition & Physical Activity / Obesity and Overweight</i>			<i>Nutrition & Physical Activity / Folic Acid Supplementation</i>			<i>Nutrition & Physical Activity / Exercise/Physical Activity</i>			
Indicator Description		Percentage of women having a live birth who are overweight or obese based on body mass index (BMI).			Percentage of women having a live birth who did not take a multivitamin, prenatal vitamin, or a folic acid supplement during the month prior to pregnancy.			Percentage of women having a live birth who did not exercise during pregnancy.			
		%	95% CI		%	95% CI		%	95% CI		
LA County		42.5	41.1	43.9	54.4	53.0	55.7	28.6	27.4	29.8	
Race/Ethnicity	White	33.8	31.1	36.5	35.3	32.6	38.0	31.6	29.0	34.2	
	Latina	49.5	47.5	51.5	61.7	59.8	63.5	26.4	24.7	28.1	
	African-American	48.7	45.5	52.0	53.7	50.5	56.9	36.8	33.7	39.9	
	Asian/Pacific Islander	17.7	15.2	20.2	43.5	40.3	46.7	31.6	28.6	34.6	
Service Planning Areas	SPA 1	Antelope Valley	46.9	41.8	52.1	54.3	49.2	59.3	32.6	27.9	37.2
	SPA 2	San Fernando	38.6	35.4	41.9	49.2	46.1	52.4	31.0	28.1	33.9
	SPA 3	San Gabriel	42.9	39.4	46.4	54.0	50.7	57.4	30.4	27.2	33.5
	SPA 4	Metro	35.5	31.4	39.7	54.4	50.4	58.5	27.4	23.8	31.0
	SPA 5	West	28.8	24.3	33.2	37.8	33.1	42.4	27.0	23.0	31.1
	SPA 6	South	49.9	45.8	54.0	63.8	60.1	67.6	26.7	23.3	30.2
	SPA 7	East	47.2	43.6	50.8	57.7	54.3	61.2	28.7	25.5	31.8
	SPA 8	South Bay	43.8	40.2	47.4	53.9	50.4	57.3	25.3	22.3	28.3
Supervisory Districts	First District		43.8	40.5	47.0	60.4	57.3	63.4	28.7	25.9	31.6
	Second District		45.2	42.2	48.2	60.3	57.6	63.0	26.1	23.7	28.6
	Third District		37.6	34.2	41.1	47.6	44.2	51.0	29.6	26.5	32.7
	Fourth District		44.7	41.8	47.7	51.6	48.7	54.5	26.9	24.4	29.5
	Fifth District		39.7	36.7	42.7	48.6	45.5	51.6	32.7	29.9	35.6

*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

[For more information on 2007 LAMB survey please click here](#)

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