

2014 LAMB survey

Domain/Subdomain		<i>Nutrition & Physical Activity / Obesity and Overweight</i>			<i>Nutrition & Physical Activity / Folic Acid Supplementation</i>			<i>Nutrition & Physical Activity / Exercise/Physical Activity</i>		
Indicator Description		Percentage of women having a live birth who are overweight or obese based on body mass index (BMI).			Percentage of women having a live birth who did not take a multivitamin, prenatal vitamin, or a folic acid supplement during the month prior to pregnancy.			Percentage of women having a live birth who did not exercise during pregnancy.		
		%	95% CI		%	95% CI		%	95% CI	
LA County		48.0	46.2	49.8	49.8	48.0	51.6	23.0	21.5	24.5
Race/Ethnicity	White	33.2	30.2	36.2	29.5	26.6	32.4	20.4	17.8	23.0
	Latina	59.1	56.6	61.5	60.7	58.3	63.2	22.0	19.9	24.0
	African-American	58.6	54.7	62.4	52.4	48.6	56.2	38.2	34.3	42.1
	Asian/Pacific Islander	22.7	18.1	27.3	36.8	31.7	42.0	23.0	18.5	27.7
Service Planning Areas	SPA 1 Antelope Valley	55.2	50.6	60.0	54.6	50.0	59.2	31.3	26.8	35.7
	SPA 2 San Fernando	44.8	40.6	50.0	45.3	41.2	49.5	22.0	18.6	25.5
	SPA 3 San Gabriel	42.0	36.8	47.1	47.8	42.9	52.9	23.0	18.5	27.3
	SPA 4 Metro	48.8	44.1	53.5	51.0	46.4	55.6	22.0	18.0	26.0
	SPA 5 West	25.6	21.2	30.0	26.6	22.0	31.3	19.7	15.6	23.8
	SPA 6 South	62.8	58.4	67.3	64.4	60.0	68.7	29.6	25.3	34.0
	SPA 7 East	53.3	48.0	58.5	54.1	49.0	59.2	18.6	14.6	22.5
	SPA 8 South Bay	46.6	42.3	50.5	47.6	43.9	51.4	21.6	18.4	24.8
Supervisory Districts	First District	52.8	48.4	57.2	56.2	52.0	60.4	23.0	19.3	26.7
	Second District	56.5	53.2	60.0	56.5	53.2	59.7	27.5	24.4	30.6
	Third District	42.0	37.6	46.3	44.3	40.0	48.6	19.2	15.8	22.6
	Fourth District	44.7	40.8	48.5	48.6	45.0	52.3	19.4	16.4	22.3
	Fifth District	41.7	37.6	45.8	42.1	38.0	46.2	24.4	20.9	28.0

*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

[For more information on LAMB project please visit http://lalamb.ph.lacounty.gov](http://lalamb.ph.lacounty.gov)