

2014 LAMB survey

Domain/Subdomain		<i>Mental Health / General Mental Distress</i>			<i>Mental Health / Postpartum Depression</i>		
Indicator Description		Percentage of women who delivered a live birth having reporting feeling sad, empty or depressed for most of the day for two weeks or longer during their last/most recent pregnancy ¹ .			Percentage of women who delivered a live birth reporting depressive symptoms after pregnancy ² .		
		%	95% CI		%	95% CI	
LA County		26.1	24.6	27.6	12.2	11.0	13.4
Race/Ethnicity	White	18.6	16.0	21.1	12.3	10.2	14.4
	Latina	30.3	28.0	32.5	12.5	10.9	14.1
	African-American	32.5	29.0	32.5	14.2	11.3	17.2
	Asian/Pacific Islander	18.7	14.5	23.0	10.0	6.8	13.1
Service Planning Areas	SPA 1 Antelope Valley	30.7	26.5	35.0	11.5	8.5	14.5
	SPA 2 San Fernando	26.0	22.2	29.6	13.2	10.4	16.0
	SPA 3 San Gabriel	25.1	21.0	29.3	13.1	10.0	16.4
	SPA 4 Metro	25.5	21.5	29.6	9.2	6.7	11.8
	SPA 5 West	14.4	11.0	17.7	9.8	7.0	12.6
	SPA 6 South	32.4	28.2	36.7	11.3	8.4	14.1
	SPA 7 East	28.2	23.6	32.8	13.9	10.4	17.4
	SPA 8 South Bay	23.4	20.2	26.5	12.1	9.6	14.6
Supervisory Districts	First District	30.8	27.0	34.6	13.2	10.3	16.0
	Second District	29.5	26.4	32.5	11.6	9.4	13.7
	Third District	23.7	20.0	27.5	10.7	8.1	13.3
	Fourth District	22.6	19.5	25.7	11.9	9.4	14.3
	Fifth District	22.8	19.4	26.2	13.4	10.7	16.1

*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

"Respondents who answered positively to at least one question out of the following ones were coded as "depressed": "For two weeks or longer during your last pregnancy, did you - 1. feel sad, empty or depressed for most of the day, 2. lose interest in most things like work, hobbies and other things you usually enjoyed?".

²Question asked: "In the months after your new baby was born would you say that you were...". Respondents who answered "very depressed" and "moderately depressed" were coded as "depressed".

[For more information on LAMB project please visit http://lalamb.ph.lacounty.gov](http://lalamb.ph.lacounty.gov)