

## 2016 LAMB Survey

Domain/Subdomain		<i>Nutrition &amp; Physical Activity / Obesity and Overweight</i>			<i>Nutrition &amp; Physical Activity / Folic Acid Supplementation</i>			<i>Nutrition &amp; Physical Activity / Exercise/Physical Activity</i>			
Indicator Description		Percentage of women having a live birth who are overweight or obese based on body mass index (BMI).			Percentage of women having a live birth who did not take a multivitamin, prenatal vitamin, or a folic acid supplement during the month prior to pregnancy.			Percentage of women having a live birth who did not exercise during pregnancy.			
		%	95% CI		%	95% CI		%	95% CI		
<b>LA County</b>		49.6	47.7	51.4	45.4	43.5	47.2	24.4	22.8	26.1	
<b>Race/Ethnicity</b>	<b>White</b>	34.9	31.7	38.0	28.5	25.6	31.4	21.5	18.7	24.3	
	<b>Latina</b>	61.5	58.7	64.3	53.2	50.4	56.1	24.0	21.5	26.5	
	<b>African-American</b>	61.3	57.7	65.0	51.7	48.0	55.5	30.8	27.3	34.2	
	<b>Asian*</b>	22.1	18.2	26.0	36.5	32.0	41.1	26.7	22.6	30.9	
<b>Service Planning Areas</b>	<b>SPA 1</b>	<b>Antelope Valley</b>	63.0	58.1	67.8	54.5	49.3	59.6	27.0	22.2	31.9
	<b>SPA 2</b>	<b>San Fernando</b>	51.2	46.9	55.5	42.2	37.8	46.5	27.9	24.0	31.9
	<b>SPA 3</b>	<b>San Gabriel</b>	40.0	35.1	44.8	43.0	38.2	47.9	22.8	18.5	27.0
	<b>SPA 4</b>	<b>Metro</b>	42.9	38.4	47.4	48.9	44.4	53.4	19.8	16.2	23.4
	<b>SPA 5</b>	<b>West</b>	24.9	19.9	29.8	26.9	22.7	31.1	17.1	13.6	20.5
	<b>SPA 6</b>	<b>South</b>	63.0	57.4	68.6	58.1	52.4	63.7	26.4	21.2	31.5
	<b>SPA 7</b>	<b>East</b>	56.5	50.9	62.2	47.5	41.8	53.2	26.4	21.3	31.5
	<b>SPA 8</b>	<b>South Bay</b>	50.6	46.5	54.6	40.8	36.9	44.7	23.5	20.0	27.0
<b>Supervisorial Districts</b>	<b>First District</b>		50.3	45.8	54.8	49.7	45.3	54.1	22.2	18.5	26.0
	<b>Second District</b>		55.7	51.8	59.5	47.6	43.8	51.5	25.7	22.2	29.2
	<b>Third District</b>		44.8	40.2	49.4	60.7	56.2	65.1	23.7	19.7	27.6
	<b>Fourth District</b>		48.2	44.1	52.3	60.1	56.2	64.1	24.9	21.3	28.5
	<b>Fifth District</b>		47.4	43.4	51.4	57.5	53.5	61.4	25.6	22.0	29.1

\*Beginning 2016, the Asian category no longer includes Pacific Islanders.

\*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

For more information on LAMB project please visit <http://lalamb.ph.lacounty.gov>