

# Pregnancy and Infant Loss Support Groups

## 1.- Dr. Ivy Margulies, Psychologist

Phone number: 310-850-1330

<http://drivylove.com/>

## 2.- Postpartum Support International (PSI) Online Support

Pregnancy and Infant Loss Support Groups

1st and 3rd Mondays at 1pm or 4pm (EST) 2nd  
and 4th Tuesdays at 9pm (EST)

1st and 3rd Thursdays at 9pm (EST)

<https://www.postpartum.net/get-help/psi-online-support-meetings/#toggle-id-2>

## 3.- Return to Zero: H.O.P.E. Virtual Support Groups

- Pregnancy & Infant Loss
  - Fridays, 10:30am – 12:00pm
  - Saturdays, 9:00am – 10:30am
- Grieving Fathers: Saturdays 10:00 – 11:30am

<https://rtzhope.org/register>

## 4.- Grief Support and Counseling Los Angeles County

800-854-7771

Press # 1 to connect with Mental Health

Press # 2 Emotional Support

Press #1 for English

Press # 1 for referral

Press #2 for Mental Health Clinic Referral

## 5.- Empty Cradle Support Group:

Empty Cradle Phone, email and virtual support:

Phone: (619) 573-6515

Email: [Info@EmptyCradle.org](mailto:Info@EmptyCradle.org)

Virtual: <https://emptycradle.org/support/support-meetings>

Virtual meetings are 1st Wednesday & 3<sup>rd</sup> Monday of the month.

Meeting ID: 318 813 9720

Password: ECSM

Website <https://www.emptycradle.org/support/direct-support>

Facebook Empty Cradle Support Group:

<https://www.facebook.com/groups/EmptyCradle/?ref=share>

### **6.- Little Angel Support Group White Memorial**

Facebook Virtual Meetings- first Thursday of each month.

In the Little Angel Facebook, you will find the Zoom meeting information for each month. <https://m.facebook.com/p/Little-Angels-Support-Group-100071886081156/>

### **7.- The Healing Hearts Infant Bereavement Group:**

Contact Mary Griffin, RN, LPC

412-613-8636

[healinghearts@cribsforkids.org](mailto:healinghearts@cribsforkids.org)

Website <https://cribsforkids.org/healing-hearts/>

Facebook Healing Heart Support Group:

<https://www.facebook.com/groups/healingheartsinfantbereavement/>.

### **8.- Compassionate Friends**

Fellowship Christian Church

661-252-4654

Meeting information: 1<sup>st</sup> Thursday of the month at 7:00pm

26889 Bouquet Canyon Rd, Suite C

Santa Clarita, CA 91350

Find a local chapter: <https://www.compassionatefriends.org/contact/>

Open to the community and free of charge